

23rd January 2026

Dear Parent/Carer,

Re: Personal Development lessons Unit 4

For students to thrive in an increasingly complex and diverse world, they require the confidence, knowledge and skills to make informed decisions about their lives independently. An effective personal development curriculum enables our students to develop the attributes they need to stay healthy, be safe, prepare them for life and work as productive citizens in modern day Britain.

In Unit 4, all students will be covering their Relationships and Sex Education (RSE) learning. Relationships and Sex Education has always been an important part of a young person's education and from September 2020, the Department for Education (DfE) have made the teaching of Relationships and Sex Education compulsory in all secondary schools [Relationships Education, Relationships and Sex Education and Health Education \(England\) Regulations 2019](#).

The Relationship and Sex Education lessons will take place during morning registration and DEAR time, commencing Monday 26th January and running for six academy weeks. Please see this [attachment](#) for the different topics covered during this programme.

These are sensitive topics, but it is crucial that young people learn about positive relationships, self respect and self esteem in relationships and consent. To support students, all learning will be conducted within students' tutor groups, having established their own ground rules to ensure respect is demonstrated when others are speaking or asking questions. We believe it is crucial that students receive lessons with positive messages, which will counter what might be accessed on social media. During each lesson, all students will be informed of where they can find support with any of these topics, both within and outside of the academy.

Right to Withdraw your Child from Sex Education Lessons

As a parent/carer you have the right to request to withdraw your child from Sex Education lessons. Please be aware that you cannot withdraw your child from the Relationships or Health Education content of the curriculum. If you would like to withdraw your child from specific Sex Education lessons, please outline your request using the form in our [RSE policy](#) and return it to the main reception or via email to office@magna-aspirations.org, addressed to Mr Midworth, so we can discuss the concerns that you have regarding the content of the lessons. Following these discussions, if you would still like your child to be withdrawn, we will provide your child with an alternative



learning environment for the duration of the personal development sessions. Your child will then rejoin their class for the other topics being taught.

Yours sincerely

A handwritten signature in black ink, appearing to read 'K Stafford'.

Mrs K Stafford
Assistant Principal