



7th September 2023

Dear Parent/Carer,

Re: Personal Development Curriculum Years 7-13

For students to thrive in an increasingly complex and diverse world, they require the confidence, knowledge and skills to make informed decisions about their lives independently. An effective personal development curriculum enables our students to develop the attributes they need to stay healthy, be safe and prepare for life and work as productive citizens in modern day Britain. We are delighted at Magna Academy that our personal development provision for our students was rated outstanding by Ofsted (March 2023).

Students will cover six different topics across the year, with each topic delivered with the intention of increasing students' wellbeing and therefore enabling our students to live happier lives. Our curriculum supports the safeguarding of our students both inside and outside the academy and enables our students to navigate the transition from child to adult.

Each student will receive a minimum of 50 minutes of personal development content during tutor time each week, throughout each unit. The sessions will be delivered predominantly by your child's tutor, who receives regular training on the delivery of these objectives. Personal development sessions largely involve discussion, allowing students to explore their own points of view and understanding of the world around them. This will support students in developing the important lifelong skills of speaking and listening. To enable students to learn effectively through speaking and listening and to ensure tolerance and mutual respect of one another's contributions to discussions, all tutor groups have put together their own ground rules.

Our six topics for our personal development curriculum this year are as follows:

- Wellbeing through positive mental health and becoming happier
- Wellbeing through keeping safe, recognising and avoiding exploitation
- Wellbeing through respect, acceptance and equality
- Wellbeing through families, growing up positively and respectful sexual relationships

- Wellbeing through political understanding and empowerment and economic wellbeing
- Wellbeing and positive mental health supported by physical health

During unit one, students will focus on mental and physical health and wellbeing. We believe this will support students returning to school after their summer break, as the key messages from this unit are on how to safeguard your own wellbeing and keep a positive and happy outlook on life.

[Please click on this link for further details of this unit's topics.](#)

We appreciate that some of the objectives covered in this unit may be sensitive for some of our students. If you wish to highlight to us any areas of concern, please do so in advance by contacting your child's Head of House. However, all lessons will be delivered in a sensitive manner and will focus on positive steps to support all students and not on individual experiences.

If you wish to discuss any aspect of this curriculum, please do not hesitate to contact me kstafford@magna-aspirations.org

Yours sincerely,

A handwritten signature in black ink, appearing to read 'K Stafford'.

Mrs Stafford
Assistant Principal