



**Magna Academy**

**Poole**

an Aspirations Academy

Principal: Ms N Ullah

✉ Ashdown Close, Canford Heath, Poole, BH17 8RE

☎ 01202 604222

✉ office@magna-aspirations.org

🌐 www.magna-aspirations.org

🐦 @MagnaAcademy

4th January 2023

Dear Parent/Carer,

**Re: Personal Development Curriculum, Years 7-13**

As you will already know, all students follow a personal development curriculum, delivered by their tutors on a weekly basis. An effective personal development curriculum enables our students to develop the attributes they need to stay healthy, be safe, prepare them for life and work as productive citizens in modern day Britain.

The six different topics that our students cover across the year all have the intention of increasing the students' wellbeing and therefore enabling them to live happier lives.

Here is a reminder of our six topics for our personal development curriculum this year:

- Wellbeing through positive mental health and becoming happier
- Wellbeing through keeping safe, recognising and avoiding exploitation
- Wellbeing through respect, acceptance and equality
- Wellbeing through families, growing up positively and respectful sexual relationships
- Wellbeing through political understanding and empowerment and economic wellbeing
- Wellbeing and positive mental health supported by physical health

During unit three, students will learn that - for healthy and respectful relationships - happiness, equality and acceptance is needed throughout society. Students will learn that all ways of living are protected in the Equalities Act 2010. Students will learn what the nine protected characteristics are in the Equalities Act and how these characteristics are enshrined in law. Students will learn about different groups of people in modern Britain who, despite the law, face discrimination based on prejudice and stereotyping. Students will learn how and why this behaviour is damaging for society and the individual. Students will be encouraged and supported to report this behaviour and to ensure they do not get involved in any form discriminatory or prejudicial conduct. Further details of what your child will be learning can be found [here](#).

We appreciate that some of the objectives covered in this unit may be sensitive for some of our students. If you wish to highlight to us any areas of concern, please do so in advance by contacting your child's Head of House ([contact details on the website](#)). However, all lessons will be delivered in a



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sensitive manner and will focus on positive steps to support all students and not on individual experiences.

Yours sincerely,

Mrs K Stafford  
Assistant Principal  
Futures & Community