

Mixed Melon—4oz

INGREDIENTS

Honeydew Melon, [Melon— Honeydew], Cantaloupe [Melon— Cantaloupe], Watermelon [Melon— Water]

For allergens, see ingredients in bold Eat on day of purchase $\ \ \, E0.60$



Orange Jelly (v)

INGREDIENTS

Water [Spring Water, CO2], Orange Jelly [Sugar, Gelling Agent (Carrageenan), Acidity Regulator (Tripotassium Citrate), Acid (Citric Acid), Colours Beetroot Red, Annatto Norbixin), Flavouring.]

For allergens, see ingredients in **bold** Eat on day of purchase £0.50



Cheese & Tomato on White

NGREDIENTS

White Bread [WHEAT Flour, (WHEAT Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Palm Oil, Salt, Yeast, SOYA Flour, Emulsifiers: E471, E472(e); Palm Oil, Yeast, Spirit Vinegar; Preservatives: E282; Flour Treatment Agent: E300.], Cheddar [Cheddar Cheese (MILK), Anti-caking Agent: Potato Starch.], Tomatoes, Spread [Water, Rapeseed Oil, Palm Oil, Salt (1.5%), Whey Powder (MILK), Emulsifier (mono—and Di Glycerides of Fatty Acid), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring, Colour (Carotenes), Vitamin A, Vitamin D.]

For allergens, see ingredients in **bold** Eat on day of purchase £1.65



BLT Sandwich

INGREDIENTS

Brown Bread [Wholemeal WHEAT Flour, Water, Salt, Emulsifiers: E471, E472(e); Palm Oil, Yeast, Spirit Vinegar, SOYA Flour, Preservative: E282; WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent: E300.], Bacon [Pork (85%), Water, Salt, Sodium Nitrate, Potassium Nitrate, Sodium Ascorbate.], Tomatoes, Iceberg Lettuce [Lettuce—Iceberg], Spread [Water, Rapeseed Oil, Palm Oil, Salt (1.5%), Whey Powder (MILK), Emulsifier (mono— and Di Glycerides of Fatty Acid), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring, Colour (Carotenes), Vitamin A, Vitamin D.]

For allergens, see ingredients in bold Eat on day of purchase ${\tt £1.65}$



Chocolate Angel Delight

INGREDIENT

Water, Chocolate Angel Delight [Sugar, Modified Starch, Skimmed MILK Powder, Palm Oil, Fat Reduced Cocoa Powder, Gelling Agents (Diphosphates, Sodium Phosphates), Emulsifiers (Propylene Glycol Esters of Fatty Acids, Lecithins), Lactose (MILK), MILK Proteins, Calcium Carbonate, Whey Powder (MILK), Anti-caking Agent (Silicon Dioxide), Flavouring.]

For allergens, see ingredients in \mbox{bold} Eat on day of purchase $\mbox{\footnote{10.50}}$



Ham Baguette

NGREDIENTS

White baguette [Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast,Salt, Palm Fat, Flour Treatment Agent: Ascorbic Acid.], Gammon Ham [Pork (95%), Salt, Dextrose, stabilisers (E451, E452), Antioxidant (E301), Preservative (E250)], Spread [Water, Rapeseed Oil, Palm Oil, Salt (1.5%), Whey Powder (MILK), Emulsifier (mono— and Di Glycerides of Fatty Acid), Preservative (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring, Colour (Carotenes), Vitamin A, Vitamin D.]

For allergens, see ingredients in $\mbox{\bf bold}$ Eat on day of purchase \$f1.85\$



Rainbow Fruit Salad

INGREDIENT

Cantaloupe [Melon—Cantaloupe], Kiwi [Kiwifruit], Black Grapes, Blueberries [Blueberries]

For allergens, see ingredients in **bold** Eat on day of purchase £0.50



Pesto Pasta Salad

INGREDIENTS

Penne Rigate [Durum WHEAT Semolina.], Whole Wheat Fusilli [Durum WHEAT Semolina.], Cherry Tomatoes [Tomato—Cherry], Rocket [Rocket], Pesto [Basil (50%), Sunflower Oil (39%), Vegetarian Cheese (MILK) (8%), Sugar, Salt, Acidity Regulator: Lactic Acid, Garlic.]

For allergens, see ingredients in **bold** Eat on day of purchase £1.00



Herby Tomato Pasta Salad

INGREDIENTS

Herby Tomato sauce [Tomato (70%), Onions, Water, Cornflour, Sundried Tomato Paste (Sundried Tomatoes, Sunflower Oil, Water, Salt) (35), Sugar, Rapeseed Oil, Tomato Puree (2%), Garlic Puree (Garlic, Preservative: Citric Acid), Red Wine Vinegar, Sea Salt, Basil (0.7%), Oregano (0.09%), Black Pepper], Penne Rigate [Durum WHEAT Semolina.], Whole Wheat Fusilli [Durum WHEAT Semolina.]

For allergens, see ingredients in **bold**Eat on day of purchase £1.00