

Curriculum Overview – Physical Education

Subject	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
Year 7	Multi skills and OAA	Gymnastics Football Badminton	Gymnastics Football Badminton	Gymnastics Football Badminton	Athletics	Rounders
Year 8	Football (both male and female)/Netball (female)/Badminton (male)/Rugby (both male and female)/Dance (female)/Basketball (male)	Football (both male and female)/Netball (female)/Badminton (male)/Rugby (both male and female)/Dance (female)/Basketball (male)	Football (both male and female)/Netball (female)/Badminton (male)/Rugby (both male and female)/Dance (female)/Basketball (male)	Football (both male and female)/Netball (female)/Badminton (male)/Rugby (both male and female)/Dance (female)/Basketball (male)	Athletics	Rounders (female) Cricket (male)
Year 9	Handball/Outside invasion game (Football, Rugby, Hockey, Netball)/Dance/ Tennis	Handball/Outside invasion game (Football, Rugby, Hockey, Netball)/Dance/ Tennis	Handball/Outside invasion game (Football, Rugby, Hockey, Netball)/Dance/ Tennis	Handball/Outside invasion game (Football, Rugby, Hockey, Netball)/Dance/ Tennis	Athletics	Rounders/Cricket/ Softball
Year 10	Unit 1: Fitness for Sport and Exercise Unit 3: Applying the Principles of Personal Training	Unit 1: Fitness for Sport and Exercise Unit 3: Applying the Principles of Personal Training	Unit 1: Fitness for Sport and Exercise Unit 3: Applying the Principles of Personal Training	Unit 3: Applying the Principles of Personal Training Unit 6:Leading Sports Activities	Unit 6:Leading Sports Activities	Unit 6:Leading Sports Activities
Year 11	Unit 1: Exam Resits	Unit 2: Practical Performance in Sport	Unit 2: Practical Performance in Sport	Unit 2: Practical Performance in Sport		

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Year 12	Unit 3 Personal and Business Finance	Unit 3 Personal and Business Finance	Unit 3 Personal and Business Finance/Unit 2 Planning a Marketing Campaign	Unit 2 Planning a Marketing Campaign	Unit 2 Planning a Marketing Campaign	Unit 27 Work Experience
Year 13	Unit 3: Professional development in the sports industry Part 1 Unit 2: Fitness Training and Programming for Health, sport and well-being	Unit 3: Professional development in the sports industry Part 1 Unit 2: Fitness Training and Programming for Health, sport and well-being	Unit 3: Professional development in the sports industry Part 1 Unit 2: Fitness Training and Programming for Health, sport and well-being	Unit 3: Professional development in the sports industry Part 1 Unit 2: Fitness Training and Programming for Health, sport and well-being	Mop up if needed Any additional work that may be needed in order to complete the course	Mop up if needed Any additional work that may be needed in order to complete the course