



**Magna Academy**

**Poole**

an Aspirations Academy

Principal: Ms N Ullah

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2nd November 2022

Dear Parent/Carer,

**Re: Personal Development Curriculum, Years 7-13, including parent workshops**

For students to thrive in an increasingly complex and diverse world, they require the confidence, knowledge and skills to make informed decisions about their lives independently. An effective personal development curriculum enables our students to develop the attributes they need to stay healthy, be safe, prepare them for life and work as productive citizens in modern day Britain.

Students across the academy have made a positive start to their personal development lessons, covering their first topic about positive mental health, wellbeing and happiness during morning and afternoon registration with their tutors. Students will cover six different topics across the year, each delivered with the intention of increasing the students' wellbeing and therefore enabling them to live happier lives.

Here is a reminder of our six topics for our personal development curriculum this year:

- Wellbeing through positive mental health and becoming happier
- Wellbeing through keeping safe, recognising and avoiding exploitation
- Wellbeing through respect, acceptance and equality
- Wellbeing through families, growing up positively and respectful sexual relationships
- Wellbeing through political understanding and empowerment and economic wellbeing
- Wellbeing and positive mental health supported by physical health

[Please click on this link for further details of this unit's topics.](#)

During unit two, students will focus on remaining safe and avoiding exploitation, both on and off line. We believe this will support students in recognising when they could be in danger. These lessons will be delivered in a way that empowers them to make the best decisions for their own wellbeing and the wellbeing of others.

We appreciate that some of the objectives covered in this unit may be sensitive for some of our students. If you wish to highlight to us any areas of concern, please do so in advance by contacting your child's Head of House ([contact details on the website](#)). However, all lessons will be delivered in a sensitive manner and will focus on positive steps to support all students and not on individual experiences.



This year, we would like to work more closely with our parents in the delivery of our personal development curriculum. In addition to informing you of the topics your child will be studying, we would like to invite you into the academy to find out in more detail what your child will be learning. The meeting covering the unit 2 topics will be led by Rachael Caples, Safeguarding Lead, and myself on Tuesday 8th November between 4-5pm . If you would like to attend, please register your interest in this short [Google Form](#). On the evening of the workshop, I shall meet you in reception at 3.50pm. I very much look forward to seeing you then.

Yours sincerely

A handwritten signature in black ink, appearing to read 'K Stafford'.

Mrs K Stafford  
Assistant Principal  
Futures & Community