



**Magna Academy**

**Poole**

an Aspirations Academy

Principal: Ms N Ullah

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8th September 2022

Dear parent/carer

Re: Personal Development Curriculum years 7-13 including new parents' workshops

For students to thrive in an increasingly complex and diverse world, they require the confidence, knowledge and skills to make informed decisions about their lives independently. An effective personal development curriculum enables our students to develop the attributes they need to stay healthy, be safe, prepare them for life and work as productive citizens in modern day Britain.

Students will cover six different topics across the year, with each topic delivered with the intention of increasing students' wellbeing and therefore enabling our students to live happier lives. A part of their wider personal development programme students also have one unit per year of futures education (Careers advice and guidance), which happens at different points in the year for different year groups. Further information about this work will be shared throughout the academic year.

Each student will receive a minimum of 50 minutes of personal development content during tutor time each week, throughout each unit. The sessions will be delivered predominantly by your child's tutor, who receives regular training on the delivery of these objectives. Personal development sessions largely involve discussion, allowing students to explore their own points of view and understanding of the world around them. This will support students in developing the important lifelong skills of speaking and listening. To enable students to learn effectively through speaking and listening and to ensure tolerance and mutual respect of one another's contributions to discussions, all tutor groups have put together their own ground rules.



Our six topics for our personal development curriculum this year are as follows:

- Wellbeing through positive mental health and becoming happier
- Wellbeing through keeping safe, recognising and avoiding exploitation
- Wellbeing through respect, acceptance and equality
- Wellbeing through families, growing up positively and respectful sexual relationships
- Wellbeing through political understanding and empowerment and economic wellbeing
- Wellbeing and positive mental health supported by physical health

[Please click on this link for further details of this unit's topics.](#)

During unit one, students will focus on mental and physical health and wellbeing. We believe this will support students returning to school after their summer break, as the key messages from this unit are on how to safeguard your own wellbeing and keep a positive and happy outlook on life.

We appreciate that some of the objectives covered in this unit may be sensitive for some of our students. If you wish to highlight to us any areas of concern, please do so in advance by contacting your child's Head of House. However, all lessons will be delivered in a sensitive manner and will focus on positive steps to support all students and not on individual experiences.

This year, we would like to work more closely with our parents in the delivery of our personal development curriculum. In addition to informing you of the topics your child will be studying, we would like to invite you into the academy to find out in more detail what your child will be learning. This will also give parents the opportunity to provide feedback and input into the curriculum to ensure the same positive messages are coming from the academy and from home. These workshops will be made up of short presentations and informal discussions about supporting all of our young people to grow and develop in confidence and positivity.

The first meeting will be led by Rachael Caples, Inclusion Manager, and myself on Friday 23rd September between 9-10 am. If you would like to attend, please register your interest in this short [Google Form](#). On the morning of the workshop, I shall meet you in reception at 8.50am. I very much look forward to seeing you then.

Yours sincerely,



Mrs K Stafford

Assistant Principal